



The Cornerstone, Norreys Avenue
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Thank you for contacting Berkshire Counselling Centre.

As a first step, we are inviting you to attend an initial session with one of our counsellors which can last approximately 1 hour. This meeting will allow us to understand your problems more clearly and you to ask any questions you may have about the counselling process and this service. The fee for this initial session is £30 (please note this fee is non-refundable).

Should you then decide to start a period of counselling, arrangements for this including fees will be discussed at the meeting.

Should you wish to go ahead, we would be grateful if you could complete the accompanying short questionnaire and Equal Opportunities Form then return them by post, together with £30 fee (please make cheques payable to Berkshire Counselling Centre).

BCC is an accredited member of BACP (British Association of Counselling & Psychotherapy) and uses a routine evaluation system known as CORE (Clinical Outcome in Routine Evaluation). At the start and end of counselling you will be asked to complete a short form which will provide us with evidence to support the effectiveness of our work.

As soon as we hear back from you, we will be in contact again to suggest a date and time for this initial session. In the meantime, should you have any questions, then please feel free to contact our office between 10am and 2pm Monday to Friday.

Yours sincerely

Counselling Administration

Ref: